

Becoming An Outdoors Woman Workshop

Touch of Nature Environmental Center/Giant City State Park, 2023

Friday, September 15, 2023

10:00 am -12:00 pm	Registration and Check In	Freeberg Hall
12:15 pm – 12:45 pm	WELCOME and Orientation	Freeberg Hall

Session I

1:15pm- 5:00pm - Classes away from Main Campus Meet at Freeburg Hall for Shuttle

Hiking Giant City State Park (HGC) Leaving 1pm **Giant City Trails**
Jennifer Randolph

Bee Keeping (BK) **Giant City State Park**
Angie Kuehl

1:30pm - 5:00pm - Classes at Main Campus

Firearm Safety (FS1) **Morris Lodge**
Fran Smith

Primitive Skills (PS) **Lions Pavilion Field**
Kim Dunnigan & Patti Jo Callahan

Kayaking (KG) **Touch of Nature Beach**
Gidget Freeberg,

Basic Archery (BA) **Camp II Upper Parking Lot**
Jacque Cullison

Overnight Backpacking (OB) **Touch of Nature / Giant City**
Lesley Fong

Self Defense (SD) **Burke Lounge**
Carbondale Police Dept.

6:00pm – 7:00pm **Dinner** **Freeberg Hall**

NIGHT ACTIVITIES: TBA

Saturday, September 16, 2023

7:15am **BREAKFAST** **Freeberg Hall**

Session II

8:15am - 12:00pm - Classes away from Main Campus

Zip Lining – Shawnee Bluffs (ZL1) Leaving 8am **Shawnee Bluffs Canopy Tours**
Facility Instructor

Rifle (RF) Leaving 8am **Williamson County Gun Club**
Chris Flemming

8:30am - 12:00pm - Classes at Main Campus

Firearm Safety (FS2) **Morris Lodge**
Fran Smith

Birding (BD) **Burke Lounge**
Vicki Lang

Basic Canoeing (BC) **Touch of Nature Beach**
Steve Gariepy

Mountain Biking (MB) **Freeburg Hall Patio**
Sydney Pogue

Knotty Girls (KG) **Freeburg Hall Patio**
Anne Townsend

Reptiles/Amphibians (RA) **River Radio Retreat**
Jeremy Schumacher

12:15pm – 1:30pm **LUNCH** **Freeberg Hall**

Session III

1:15pm - 5:00 - Classes Away from Main Campus

Rock Climbing (RC)
TOUCH Staff

Leaving 1pm

Meet at Dining Hall for Shuttle

Giant City State Park

Zip Lining – Shawnee Bluffs (ZL2)
Facility Instructor

Leaving 1pm

Shawnee Bluffs Canopy Tours

1:30pm - 5:00 - Classes at Main Campus

Basic Archery (BA2)
Jacque Cullison

Camp II, Upper Parking Lot

Fall Foraging (FF)
Rockette Jaros

Burke Lounge

Beginner Backpacking (BB)
Lesley Fong

Morris Lodge

Orienteering (OR)
Anne Townsend

Freeburg Hall Patio

Reptiles/Amphibians (RA)
Jeremy Schumacher

River Radio Retreat

Outdoor Cooking (OC)
Lesley Tennesen / Linda Hausler

Lions Pavilion

6:00pm – 7:00

DINNER
GROUP PHOTO

Freeberg Hall

7:00pm – 8:00

RAFFLE

Freeberg Hall

Sunday, September 17, 2023

7:15am

BREAKFAST & CLOSING COMMENTS

Dining Hall

Session IV

8:15am - 12:00pm – Classes away from Main Campus

Meet at Dining Hall for Shuttle

Handguns (HG)
Chris Fleming

Leaving 8am

Williamson County Gun Club

High Ropes Course (HRC)
TOUCH Staff

Leaving 8:15am

High Ropes Course, Touch of Nature

Equestrian Care & Riding (ECR)
Giant City Stables Staff

Leaving 8:15am

Giant City Stables

8:30am - 12:00pm - Classes at Main Campus

Wilderness First Aid (WFA)

River Radio Retreat

Kayaking (KG)
Gidget Freeberg,

Touch of Nature Beach

Girls with Power Tools (PT)
Kim Dunnigan & Patti Jo Callahan

Lions Pavilion

Illinois Mushrooms (IM)
Rockette Jaros

Burke Lounge

Stand Up Paddle Board (PB)
TOUCH Staff

Touch of Nature Beach

My Own Time (MOT)
Yourself

Anywhere

12:15pm - 1:30pm **LUNCH / WORKSHOP CONCLUDES**

Freeberg Hall